TMC HEAD & NECK REHABILITATION & SURVIVORSHIP CONFERENCE 2026

(Beyond Cure: Restoring function - Rebuilding life)

12 – 13th December 2026



Presented by

Department of Surgical Oncology,
ACTREC, TMC

Venue: Main Auditorium, 7th Floor, RRU, ACTREC
Kharghar, Navi Mumbai

TMC Head & Neck Rehabilitation & Survivorship Conference

Day 1 **12 –13th December 2026**

Time	Topic	Presenter
REGISTRATIONS (08:30 – 09:00 AM)		
09:00 – 09:15 AM	Welcome address: From Survival to quality Survival	Dr Pankaj Chaturvedi
09:15 – 09:30 AM	Function-driven treatment planning in Head & Neck cancer	Dr Sudhir Nair
09:30 – 09:45 AM	Prehabilitation in practice: Multimodal protocols & ERAS	Dr Reshma Ambulkar
09:45 – 10:00 AM	Frailty & geriatric assessment before major Head & Neck Surgery	Dr Prafulla Parikh
10:00 – 10:15 AM	Cranial nerve dysfunction Post Radiotherapy : Assessment & Rehabilitation	Dr Shwetabh Sinha
10:15 – 10:30 AM	Tracheostomy care: Nursing pathway from ward to home	Ms Sibhi Vinod
10:30 – 10:45 AM	Nutrition across the continuum: Screening, Immunonutrition, NG vs PEG	Ms Priyanka Prajapati
10:45 – 11:00 AM	Virtual Surgical planning & immediate dental rehabilitation (digital workflow)	Dr Kunal Mokhale
11:00 – 11:20 AM Tea Break		
11:20 – 11:35 AM	Maxillofacial prosthetics: Obturators, Implant-retained & 3D-printed prostheses	Dr Kiran Jagtiani
11:35 – 11:50 AM	Sexual health, intimacy & body image after Head & Neck cancer	Dr Rakesh Katna
11:50 -- 12:40 PM	Case based panel discussion	Dr Shivakumar Thiagarajan
12:40 – 12:55 PM	Shoulder dysfunction & Neuropathic pain after neck dissection	Dr Mohua Chatterjee
01:00 – 02:00 PM Lunch Break		
02:00 – 02:15 PM	Trismus: Pevention protocols, devices & long-term management	Dr Supriya Nakhate
02:15 – 02:30 PM	Lymphoedema (Internal & External): Assessment tools & Decongestive therapy	Dr Jagmohan Meena
02:30 – 02:45 PM	Post -Thyroidectomy care: voice, calcium & scar	Dr Anuja Deshmukh

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02:45 – 03:00 PM	Dysphagia assessment: VFSS vs FEES & Swallow-sparing strategies	Ms Durga Narayanan
03:00 – 03:15 PM	Voice restoration after laryngectomy	Dr Deepa Nair
03:15 – 03:30 PM	Ototoxicity monitoring & hearing rehabilitation	Dr Rukmini Prabhu
03:30 – 03:45 PM	Acute Chemotoxicity Mucositis, Dysphagia & Taste alterations	Dr Amit Joshi
03:45 – 04:00 PM	Late Radiation toxicity: Osteoradionecrosis, fibrosis & xerostomia	Dr Anuj Kumar
04:00 – 04:15 PM	Psychosocial care: Distress screening, fear of recurrence	Dr Anisha Khanna
04:15-04:30 PM	Early integration of Palliative care	Dr Shreya Nair
04:30-04:45 PM	Patient-reported outcomes routine follow-up	Dr Hitesh Singhavi
04:45 – 05:35 PM	Multidisciplinary Rehabilitation Panel	Dr Poonam Joshi

Day 2

Time	Topic	Presenter
10:00 – 10:15 AM	Survivorship Clinic: One-year audit & lessons learned	Dr Poonam Joshi
10:15 – 10:30 AM	Caregiver burden & financial toxicity	Dr Tanuj Chawla
10:30 – 10:45 AM	Nurse-led Survivorship follow-up	Ms Ashwini Khare
10:45 – 11:00 AM	Surveillance for Recurrence & Second Primaries & Tobacco cessation	Dr Ankur Walli
11:00 – 11:15 AM	Survivor voices: Patient & Caregiver Panel	Dr Anuj kumar / Dr Tanuj Chawla
11:15 – 11:40 AM	Open Q/A with all faculty	Dr Siddhartha Basuroy
12:00 PM onwards	**Snacks / Dispersal**	

Organizing Committee



Dr Pankaj Chaturvedi
Director, ACTREC



Dr Navin Khattry
Deputy Director, CRC-ACTREC



Dr Sudhir Nair
HOD & Professor
Dept of Surgical Oncology



Dr Reshma Ambulkar
HOD & Professor
Dept of Anaesthesia



Dr. Poonam Joshi
Professor
Dept of Head & Neck Surgery

REGISTRATION INFORMATION

Category	Early bird registration (Upto 25th November 2026)	Registration 25th November 2026 onwards)	On spot registration
Students/Residents/Fellows (Inclusive 18% GST)	500 + 90 = Rs 590	600 + 108 = Rs 708	800 + 144 = Rs 944
Consultant/Specialist (Inclusive 18% GST)	800 + 144 = Rs 944	900 + 162 = Rs 1062	1000 + 180 = Rs 1180

Kindly click on below link for registration

https://apps.actrec.gov.in/Events/Events/EventDetail?id=45ze1gtUfbsJTpqQT8QwKg==&type=OStxnL12u2x3BKnLue34bg==&pg_tp=YOrTryxTwWWZsN977MXM+A==

Kindly contact for any queries:

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