



**TATA MEMORIAL CENTRE**  
**Advanced Centre for Treatment, Research and**  
**Education in Cancer**



**-: Organized By :-**

**OCCUPATIONAL THERAPY**  
**DEPARTMENT**

**Invites you to**

**1<sup>st</sup> INTERNATIONAL**  
**BREAST CANCER**  
**REHABILITATION**  
**SUMMIT**

**OTCAN REHAB 2026**  
**Saturday, 28<sup>th</sup> March, 2026**

**-: Venue :-**

**RRU Seminar Room,**  
**7<sup>th</sup> Floor, Kharghar,**  
**Navi Mumbai.**



# ORGANIZING COMMITTEE

## *Our Patrons*

**Dr Sudeep Gupta**  
Director, TMC

**Dr Pankaj Chaturvedi**  
Director, ACTREC

**Dr Navin Khattry**  
Dy. Director, CRC-ACTREC

**Dr Prashant Bhat**  
Medical Suprintedent, ACTREC

## *Organizing Secretary*

**Dr Jagmohan L. Meena**  
In-Charge, Occupational Therapy Department

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## *Mode of Program*

**Hybrid**

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## *Registration Details*

**Registration Fee**

**Offline Attendees:** 1000/- INR    **Online Attendees:** 500/- INR

**Kindly register on given link**

<https://forms.gle/aoCpUsFDvwwq4FVC6>

**Kindly contact for any queries**

**Contact:** 022-68735000 (Ext.- 8245) / WhatsApp: +91-9167170518

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Plot No. 1 & 2, Sector 22, Kharghar, Navi Mumbai – 410210, Maharashtra, India.

**Email:** [occupationaltherapy.dept@actrec.gov.in](mailto:occupationaltherapy.dept@actrec.gov.in)    [ilm\\_therapist@yahoo.co.in](mailto:ilm_therapist@yahoo.co.in)

| OTCAN REHAB 2026  |  |  |  |
|---|--|--|--|
| 1 <sup>ST</sup> INTERNATIONAL BREAST CANCER REHABILITATION SUMMIT |  |  |  |
| 28 <sup>th</sup> March, 2026, Saturday                            |  |  |  |
| TIME  | TOPIC  | PRESENTER  | MODERATOR  |
| 8.30 am - 9.00 am   | BREAKFAST  |  |  |
| 9.00 am - 9.30 am   | INAUGURATION AND WELCOME   |  |  |
| 9.30 am - 10.00 am  | SURGICAL AND MEDICAL MANAGEMENT OF BREAST CANCER                                 | DR AMAR DESHPANDE<br>(Consultant Surgical Oncologist – Chief of Breast Services, ACTREC)   | DR ANBARASAN SEKAR<br>(Associate Professor, Medical Oncology, ACTREC-TMC)<br><br>DR SHAILAJA JAYAVANT<br>(Senior Faculty, Department of Occupational Therapy, Sion Hospital)           |
| 10.00 am - 10.30 am   | INTRODUCTION TO BREAST CANCER REHABILITATION                                     | DR JAGMOHAN L. MEENA<br>(In charge, Assoc. Prof. & SA ‘D’, Occupational Therapy Dept., ACTREC)   |  |
| 10.30 am - 11.00 am   | PRE-RHABILITATION IN BREAST CANCER   | DR MANISHA AGARWAL<br>(OTR/L, MHS, CLT- LANA, Senior Occupational Therapist, Cleveland Clinic, USA)  |  |
| 11.00 am - 11.15 am   | TEA BREAK  |  |  |
| 11.15 am - 12.00 noon   | RECENT ADVANCES IN MEDICAL MANGEMENT OF BREAST CANCER RELATED LYMPHEDEMA         | DR JOHN BOYAGES<br>(Breast Cancer and Lymphedema Specialist, ICON Cancer Centre, Australia & Founding Director, ALERT, Macquarie University)                       |  |
| 12.00 noon - 12.30 pm   | POST OPERATIVE BREAST CLASS  | DR ANURADHA DAPTADAR<br>(Officer-In-Charge, Department of Physiotherapy, TMH)  | DR SUNITA KOUTARAPU<br>(Faculty and HOD, Occupational Therapy, TNMC & Nair Hospital)<br><br>DR ESHANI MALLICK<br>(HOD and Faculty, Department of Occupational Therapy, AIIPMR, Mumbai) |
| 12.30 pm - 1.00 pm  | ROLE OF DIET AND NUTRITION IN BREAST CANCER AND BREAST CANCER RELATED LYMPHEDEMA | MS NANDITA DHANAKI<br>(Dietician, ACTREC)  |  |
| 1.00 pm - 2.00 pm   | LUNCH  |  |  |
| 2.00 pm - 2.30 pm   | PSYCHOSOCIAL REHABILITATION IN BREAST CANCER                                     | DR SAVITA GOSWAMI<br>(Clinical Psychologist, TMH)  |  |
| 2.30 pm - 3.15 pm   | PANEL DISCUSSION   | Multi-disciplinary Approach in Breast Cancer Rehabilitation<br><br>Moderator: DR SUNITA KOUTARAPU<br>(Faculty and HOD, Occupational Therapy, TNMC & Nair Hospital) | DR SAVITA GOSWAMI<br>DR MANJUSHA VAGAL<br>DR MOHUA CHATTERJEE<br>MS NANDITA DHANAKI  |
| 3.15 pm - 3.30 pm   | BREAST PROSTHESES AND ACCESSORIES  | DR BLOSSOM BABY<br>(Occupational Therapist, ACTREC)  |  |
| 3.30 pm - 3.45 pm   | TEA BREAK  |  |  |
| 3.45 pm - 4.30 pm   | RECENT ADVANCES IN BREAST CANCER RELATED LYMPHEDEMA MANGEMENT                    | DR GEETA SANTOSH NATH<br>(MSOT, CLT Instructor, ACOLS, USA)  |  |
| 4.30 pm - 5.15 pm   | AXILLARY WEB SYNDROME, SCARS AND FASCIA MANAGEMENT                               | DR SHALOO CHOUDHARY<br>(OTR, Senior Occupational Therapist, USA)   |  |
| 5.15 pm - 5.30 pm   | CLOSING AND VOTE OF THANKS   | DR JAGMOHAN L. MEENA   |  |